



## CLASS- PRE SCHOOL

### SUMMER HOLIDAY HOMEWORK 2018-2019

#### LET'S BEAT THE HEAT, WHEN SUMMER IS AT ITS PEAK!!

Dear Parents,

We have planned exciting, fruitful and interesting activities for your child. These activities will help your ward to express his/her energy in a creative manner and will also help to develop various skills in them. We do such activities in the school for holistic development of children. If it is also done at home it will help your child to correlate, recall & recapitulate.

Please ensure that your child follows the suggested habits, values & activities.

Please click a photograph of each activity while your child is doing . Take a print out , make an attractive album and send.

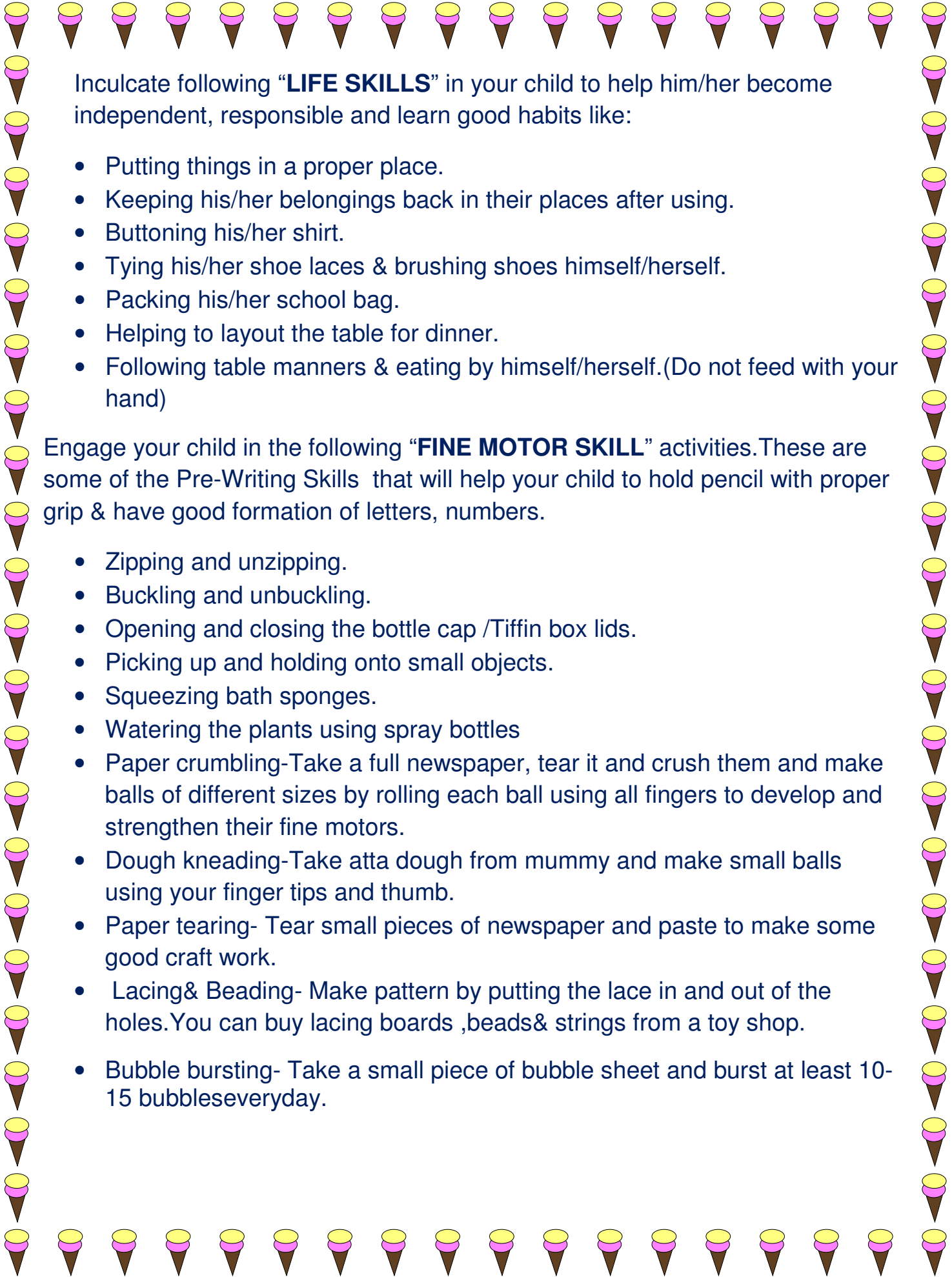
Imbibe following **SOCIAL SKILLS** in your child:

- Start his/her day with wishing everyone in the house.
- Greeting with a smile when someone comes to the house.
- Conversing freely with visitors, relatives coming over to the house.
- Sitting at the dining table with the family to eat the meals.
- Speaking politely & softly to others.
- Sharing things with others.
- Using magic words like “Thank you”, “Excuse me,” “Sorry” etc.

Encourage your child to ta

ke care of “**PERSONAL HYGIENE**” by inculcating the following habits:

- Brushing teeth twice daily.
- Washing & Combing hair regularly.
- Bathing everyday.
- Washing hands before and after meals.
- Trimming the nails and keeping them clean.

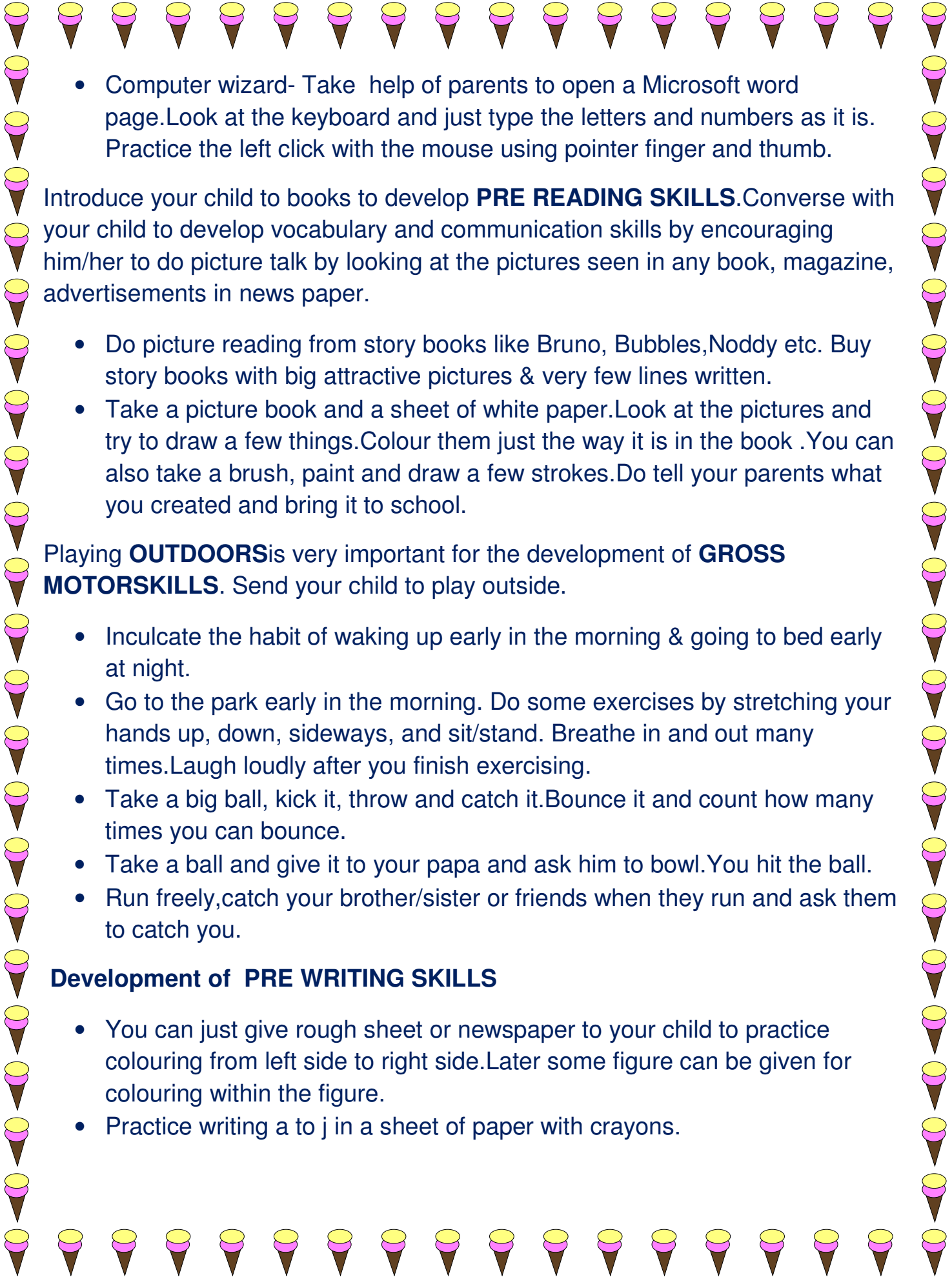


Inculcate following “**LIFE SKILLS**” in your child to help him/her become independent, responsible and learn good habits like:

- Putting things in a proper place.
- Keeping his/her belongings back in their places after using.
- Buttoning his/her shirt.
- Tying his/her shoe laces & brushing shoes himself/herself.
- Packing his/her school bag.
- Helping to layout the table for dinner.
- Following table manners & eating by himself/herself.(Do not feed with your hand)

Engage your child in the following “**FINE MOTOR SKILL**” activities. These are some of the Pre-Writing Skills that will help your child to hold pencil with proper grip & have good formation of letters, numbers.

- Zipping and unzipping.
- Buckling and unbuckling.
- Opening and closing the bottle cap /Tiffin box lids.
- Picking up and holding onto small objects.
- Squeezing bath sponges.
- Watering the plants using spray bottles
- Paper crumbling-Take a full newspaper, tear it and crush them and make balls of different sizes by rolling each ball using all fingers to develop and strengthen their fine motors.
- Dough kneading-Take atta dough from mummy and make small balls using your finger tips and thumb.
- Paper tearing- Tear small pieces of newspaper and paste to make some good craft work.
- Lacing& Beading- Make pattern by putting the lace in and out of the holes.You can buy lacing boards ,beads& strings from a toy shop.
- Bubble bursting- Take a small piece of bubble sheet and burst at least 10-15 bubbleseveryday.

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- Computer wizard- Take help of parents to open a Microsoft word page. Look at the keyboard and just type the letters and numbers as it is. Practice the left click with the mouse using pointer finger and thumb.

Introduce your child to books to develop **PRE READING SKILLS**. Converse with your child to develop vocabulary and communication skills by encouraging him/her to do picture talk by looking at the pictures seen in any book, magazine, advertisements in news paper.

- Do picture reading from story books like Bruno, Bubbles, Noddy etc. Buy story books with big attractive pictures & very few lines written.
- Take a picture book and a sheet of white paper. Look at the pictures and try to draw a few things. Colour them just the way it is in the book. You can also take a brush, paint and draw a few strokes. Do tell your parents what you created and bring it to school.

Playing **OUTDOORS** is very important for the development of **GROSS MOTOR SKILLS**. Send your child to play outside.

- Inculcate the habit of waking up early in the morning & going to bed early at night.
- Go to the park early in the morning. Do some exercises by stretching your hands up, down, sideways, and sit/stand. Breathe in and out many times. Laugh loudly after you finish exercising.
- Take a big ball, kick it, throw and catch it. Bounce it and count how many times you can bounce.
- Take a ball and give it to your papa and ask him to bowl. You hit the ball.
- Run freely, catch your brother/sister or friends when they run and ask them to catch you.

### Development of **PRE WRITING SKILLS**

- You can just give rough sheet or newspaper to your child to practice colouring from left side to right side. Later some figure can be given for colouring within the figure.
- Practice writing a to j in a sheet of paper with crayons.



## Development of LISTENING & SPEAKING SKILLS

- Help your child to sit quietly for few minutes & listen to some music, rhymes, stories.
- Listen to “**Phonic Sounds for pre- schoolers on You Tube everyday**”.
- Use simple words like stand, sit, eat, run, walk, jump, pick up, open, close etc.
- Answering simple questions during everyday conversation using some English words.
- Recognition of pictures from sound stories in FUN WITH ENGLISH BOOK(atoj).
- Identifying initial sound of words in sound stories (atoj) and speaking out of phonetic sound of letters ato j.
- Recitation of rhymes from RHYTHMIC RHYME BOOK (Oneness ,MY Dear Ones, Bits Of Paper, True Friends, Clouds)
- Please play phonetic sounds of letters on YouTube. It will help your child to learn phonetics.

### **TO DO & NOT TO DO by parents & grand parents**

- Please fix time for watching TV. Don't develop the habit of eating while watching TV. Please don't watch TV serials with your children.
- Please don't give your Mobile phones/ Tablets to your children for playing games. Just say NO and be strict about it for the sake of their wellness, healthy body & mind.
- Create awareness about surroundings by talking about cleanliness, names of buildings seen on the way while travelling , watching at least one News programme.

**Important to do activity**

Buy an attractive coloured 8" ceramic pot & an indoor plant. Ask your child to water it everyday & see its growth. Label it with your child's name. Send it to school after holidays.



# HAPPY SUMMER HOLIDAYS

